

Bachelor of Science Nursing (Top-up)

Module Descriptions

Research as Evidence for Nursing Practice

This module will support you to develop knowledge about research methods, appraisal, and application in order to increase confidence as a critical consumer of the research evidence underpinning nursing practice.

Upon completion of the module, you will:

- Be able to critically reflect on the impact of research ethics on your own practice.
- Have a comprehensive knowledge of research methods, statistics, and critical appraisal skills to appraise research, and apply your findings to healthcare and nursing practice.
- Understand and apply critical appraisal frameworks for the review and appraisal of evidence-based practice.

Teaching and Learning

This module will explore a variety of approaches to support effective teaching, learning, and assessment in a professional practice context. With an emphasis on multi-professional and interprofessional working, you will develop a detailed understanding of the planning, delivery, and evaluation of high-quality, inclusive learning opportunities in the practice area.

Upon completion of the module, you will:

- Critically explore the efficacy of commonly adopted approaches when planning and delivering teaching and learning in a practice environment.
- Engage in research-tutored learning where you will be actively supported to develop your knowledge, skills, and understanding of key research-rich educational principles.
- Identify educational enhancements drawn from your own area of practice and professional discipline.

An Introduction to Mental Well-being and Recovery

This module will help students to develop their skills and knowledge base in relation to holistic health. Understanding and identifying mental distress, enhancing communication skills, including asking difficult questions, responding to crises, as well as considering the concept of recovery and developing self-care skills.

This module will increase students' ability to recognise, support, and signpost patients who may experience variations in their mental well-being or neurodiversity. This module will build upon previous experience, knowledge, and skills of holistic nursing care, and will enhance confidence and competence in discussing mental well-being and recovery.

Upon completion of the module, you will:

- Be able to identify when someone is experiencing mental distress and signpost them to appropriate support
- Understand the significant role communication has when talking to people with mental health needs
- Develop and demonstrate their personal and professional skills/attributes for communicating with people with mental health needs.

Health Promotion

This module will ensure that you gain a comprehensive understanding of how improving health literacy and promotion can positively impact communities by increasing awareness of early detection and screening, as well as chronic disease prevention and management in line with Singapore's Healthier SG strategy.

You will also explore multidisciplinary working and service-user involvement for health improvement, and this will include learning techniques used to empower patients and clients to make healthier choices.

Upon completion of the module, you will:

- Have a comprehensive knowledge of current health promotion approaches and how to apply them in healthcare and nursing practice.
- Understand the role of nurses in health promotion.
- Be able to critically debate the impact of ethics and health inequalities on your own practice.
- Have the skills and knowledge to work with multidisciplinary teams for health promotion.

Healthcare Law and Ethics

You will gain a comprehensive knowledge of how current Singapore Law and policies impact healthcare and the nursing practice. You will develop a comprehensive understanding of how unconscious bias can influence decision-making. There will be a strong focus on how to resolve ethical dilemmas in practice.

Upon completion of the module, you will:

- Be able to critically reflect on the impact of ethics on your own practice.
- Have a comprehensive knowledge of current laws and policies, and how to apply them in healthcare and nursing practice.
- Have the confidence, knowledge, and skills to challenge unethical practices.
- Understand the role of unconscious bias in your own practice.

Nursing Older People with Complex Needs

This module focuses on multiple evidence-based approaches to supporting people with complex multi-morbidities in Singapore such as dementia and delirium. It has an emphasis on collaboration and multidisciplinary teamwork aimed at achieving the best outcomes for patients. It is designed to enable you to apply in-classroom knowledge to healthcare settings.

You will develop knowledge and understanding of the complex needs of older people within the context of health and social care in Singapore. The module will develop knowledge and competence in nursing older people across health and life continua: from living well, acute illness, intermediate care, frailty, ongoing long-term care to end of life, providing an understanding of significant issues at transitional points.

Upon completion of the module, you will:

- Be able to critically analyse gerontological evidence-based approaches to older persons' care.
- Have a comprehensive understanding of the complexities of health and ill health in older people.
- Have the confidence, knowledge, and skills to explore and challenge personal and societal attitudes, beliefs and values towards ageing which may impact nursing care.
- Understand the importance of working in both multidisciplinary and unidisciplinary contexts.

Health Assessment and Clinical Decision Making

This module will help you to develop and consolidate skills, attitudes, and behaviours that you have developed since qualification and from your first year of programme study. You will have the opportunity to practise your skills in face-to-face simulated environments. You will enhance your assessment and communication skills through participating in history-taking practice for a range of health conditions and through engagement with peer assisted and independent learning.

You will be encouraged to identify the evidence that underpins good clinical practice, and to further reflect on your own personal and professional abilities in history taking and nursing assessment to deliver safe and effective care. Technology-enhanced learning will be integral to completing the module, you will have engaged in a research-rich learning environment.

Upon completion of the module, you will:

- Act within the boundaries of professional requirements.
- Analyse critically the contemporary theory and practice evidence base for patient assessment skills and nursing interventions for a variety of health conditions.
- Demonstrate a structured approach to the completion of a physical assessment and critically reflect on the clinical decision within the sphere of your professional remit.
- Demonstrate and appraise the personal and professional attributes and skills required to undertake a holistic health assessment and make informed decisions regarding nursing interventions.

Leading and Developing Practice

This module focuses on your continuing professional development and service improvement. You will develop and consolidate their leadership skills, attitudes and behaviours that you have developed throughout the programme, and advance your knowledge, intellectual skills and abilities as well as your personal and professional values.

This will ensure responsiveness in relation to the ever-changing local, national and global health care landscape and the dynamic needs of people of all ages, families and communities.

Upon completion of the module, you will:

- Have the skills, knowledge, and confidence to lead on practice development.
- Have a comprehensive knowledge of models and tools for engaging and measuring improvements in practice.
- Be able to enact decision-making processes to inform and underpin professional practice and enhance patient care.